

Federal Resident Council

Purpose: The Federal Resident Council (FedReC) is an organization dedicated to improving federal residency program experiences through several national events and initiatives and is comprised of Veterans Affairs (VA) and Indian Health Services (IHS) pharmacy residents. FedReC members have a unique opportunity to collaborate with pharmacy residents from across the country, organize national projects and events, and gain valuable leadership experience. This council was created to provide national leadership opportunities for VA/IHS pharmacy residents and is overseen by the Residency Advisory Board and an Advisory Committee, which provides FedReC members with the unique opportunity to collaborate with national pharmacy leaders. Further, the FedReC is directly led by residents, the Chair and Co-chair, who oversee a leadership team of residents in the following positions: Communications lead, SharePoint lead, Professional Development lead, Research lead, and Networking lead.

Throughout the residency year, FedReC hosts several national events through three subcommittees: Professional Development, Research, and Networking. Each subcommittee has members that are recruited at the beginning of each residency year for a 1-year term.

- **The Communications lead** is a leadership position dedicated to distributing information and resources to all FedReC members and VA/IHS residents throughout the nation.
- **The SharePoint lead** is a leadership position dedicated to developing and maintaining the VA FedReC SharePoint Site (a web-based collaborative platform to share and store documents utilized by the VA) and assists other subcommittee members with utilizing the website.
- **The Professional Development Subcommittee** aims to develop leadership skills through professional activities. This subcommittee has three longitudinal projects, including the Resident Newsletter, Call Series, and Advising Program.
- **The Research Subcommittee** aims to promote resident research innovation and collaboration. This subcommittee annually hosts the National Journal Club Workshop (NJCW) and the Resident Project forum (RPro4). FedReC also helps promote the VA MedSafe Project Design and Stats Course. Projects currently underway for the 2020-2021 FedReC year include promoting expansion of the Inverted Research Model (IRM) and creating the Research Resource Hub.
- **The Networking Subcommittee** aims to provide resources and platforms for residents and practicing pharmacists to network across the nation. In response to ASHP Midyear going virtual, the networking subcommittee has several initiatives in progress that will facilitate networking including, but not limited to, mock interview sessions, CV reviews, and a virtual pharmacy forum.

Residency is an ideal time to expand on leadership skills and network with residents and practitioners in the field. FedReC is a unique opportunity available to VA and IHS residents to improve their residency experience by joining a council of residents dedicated to leadership, collaboration, and networking.

We hope you consider the FedReC when determining prospective VA residency programs and apply to join this innovative and collaborative group once selected as a VA or IHS resident. FedReC applications are usually available in August of each resident year and sent out to VA residents by the lead and co-lead. Watch for emails to join!